



YOUTH OFF THE STREETS OVERSEAS RELIEF FUND
DILI YOUTH SERVICE
2019 ANNUAL SUMMARY

PROUDLY SUPPORTED BY
THE AUSTRALIAN GOVERNMENT: FRIENDSHIP GRANT AND AUSTRALIAN VOLUNTEERS INTERNATIONAL

PHOTO: PROGRAM COORDINATOR CIPRIANO, CASE WORKER SIDALIA AND AUSTRALIAN VOLUNTEER MATT
CREDIT: HARJONO DJOYOBISONO, COMMISSIONED BY THE AUSTRALIAN VOLUNTEERS PROGRAM



a year's overview

HOW WAS 2019 FOR DILI YOUTH SERVICE?

2019 has been a productive year for us here at Dili Youth service. It was busy; with activities running most days of the week in one place or another; the hard work of our small team, along with amazing commitment and abilities of the young people we work with saw us, achieve great success' together. What was once a dream of Father Chris Riley is now well and truly a reality here in Timor-Leste and with the instrumental support from the Australian government through Australian Volunteers Program and an Australian Aid: Friendship Grant, both of which assisted our organisation and staff of Timorese youth workers to support young people to break down barriers they face in their lives.

This report provides an overview of the Youth Off The Streets Overseas Relief Fund's work in Timor-Leste in 2019. It includes reporting and outcomes delivered against the Australian Aid: Friendship Grant funded Dili Youth Empowerment project, the results of the organisation's first annual youth and partner survey which details the needs of at-risk Timorese young people as well as the impact of the organisation's first Australian Volunteer Program placement an Organisational Development and Research Mentor who commenced at the end of 2018.

Cordinating, implementing and monitoring our activities saw the small and young team face a steep learning curve, something they did effectively while delivering on their objectives in the communities they live and work in.

The feedback we have received from partners indicates we are forming strong and sustainable partnerships with a variety of stakeholders, including services, community leaders and aid agencies. This is evident in our work formalising the youth sector in Timor Leste by establishing a Youth Interagency Network in November. A network of youth organisations and services which aim to develop collaboration and coordination of the youth sector.

While we look back on 2019, it's difficult not to be proud of the work we achieved. the following report is not just one of statistics, numbers and outcomes. It's reporting on positive life choices, access to fundamental human rights and empowerment of young people through positive relationships. It is a pleasure to share it with you all.

Warmest regards,
All the team at Dili Youth Service

2019 OBJECTIVES AND TARGETS



Photo Credit: Harjono Djoyobisono, commissioned by the Australian Volunteers Program

AUSTRALIAN VOLUNTEER PLACEMENT OBJECTIVES

- ONE** MENTOR, GUIDE AND TRAIN STAFF IN GRANT WRITING, DATA COLLECTION SYSTEMS & ANALYSIS
- TWO** ADVISE AND SUPPORT THE ORGANIZATION THROUGH FACILITATING INTERAGENCY COOPERATION AND COLLABORATION
- THREE** INCLUDE GENDER EQUALITY, YOUTH AND PEOPLE LIVING WITH DISABILITY, CHILD PROTECTION AND SAFE GUARDING AND OTHER MARGINALISED GROUPS IN STRATEGIES TO PROMOTE INCLUSIVE DEVELOPMENT

AUSTRALIAN FRIENDSHIPS GRANT TARGETS

- ONE** INCREASE FROM 50 TO 75 PARTICIPANTS AT OUTREACH
- TWO** NUMBER OF PARTNERSHIPS INCREASE FROM THREE TO SIX
- THREE** NUMBER OF REFERRALS INCREASES FROM 10 TO 30
- FOUR** AT LEAST 50% OF YOUTH RESPONDING TO ANNUAL SURVEY REPORT PROGRAM MAKES THEM "FEEL SAFER"
- FIVE** 15 NEW CLIENTS FOR INDIVIDUALISED CASE MANAGEMNET SUPPORT
- SIX** A YOUTH INTERAGENCY NETWORK IS ESTABLISHED WITH AT LEAST SIX YOUTH ORGANISATIONS
- SEVEN** REGISTERED ENGLISH STUDENTS ATTEND A MINIMUM OF THREE LESSONS
- EIGHT** A MINIMUM OF 40 INDIVIDUALS PARTICIPATE IN SERVICE LEARNING ACTIVITIES
- NINE** INCREASE FROM FOUR TO EIGHT HOURS OF SERVICE DELIVERY FOR EXISTING COMMUNITIES

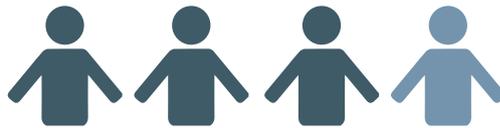
EARLY INTERVENTION

Early intervention and prevention services are conducted in marginalised communities to engage with hard-to-reach young people and serve as an entry point into more specialist support as well as various opportunities. Being in the community on a regular basis running outreach activities means we can connect to young people and the wider community and build positive relationships with them. We run activities once a week in our communities, which consist of music, sport, and food and arts activities. We know that some people face additional barriers to access these activities so we also run a streetwalk program. This is a more casual outreach where we do as the name suggests: walk the streets. This gives our youth workers a chance to reach backstreets and young people who might not be able to venture too far from their homes.

BEBONUK OUTREACH

48 COMMUNITY OUTREACH SESSIONS

INCREASE FROM 50 - 75 PARTICIPANTS ✓



PERUMNAS OUTREACH

43 COMMUNITY OUTREACH SESSIONS

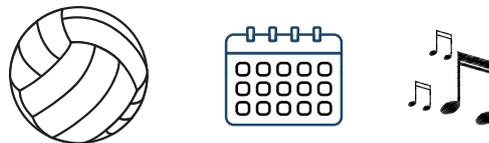
ONE NEW COMMUNITY OUTREACH ✓



MALOA OUTREACH

34 COMMUNITY OUTREACH SESSIONS

WEEKEND OUTREACH IN TWO COMMUNITES ✓



SATURDAY OUTREACH

41 COMMUNITY OUTREACH SESSIONS

STREET WALK

47 COMMUNITY OUTREACH SESSIONS

WEEKLY STREETWALK IN ALL COMMUNITES ✓



OUTREACH PROGRAM HIGHLIGHTS

1. 170 OUTREACH ACTIVITIES ACROSS FOUR LOCATIONS
2. SPORT DELIVERED ON 145 OCCASIONS
3. MUSIC DELIVERED ON 113 OCCASIONS
4. 99 REFERRALS FROM OUTREACH TO OTHER ACTIVITIES
5. AVERAGE OF 44 PARTICIPANTS PER SESSION
6. 68% MALE AND 32% FEMALE
7. 160 ATTENDEES AT MALOA OUTREACH LAUNCH
8. 72 AVERAGE WEEKLY PARTICIPANTS

SPECIALIST SERVICES

Our specialist services are the core of our youth work model. We know that young people face all sorts of barriers in society and that they have individual strengths which can support them in their lives. We work one-on-one with them to assess their needs, strengths, and options then work collaboratively to develop and execute action plans. This allows us to work together on all sorts of issues such as domestic and family violence, unstable accommodation, education and employment issues, mental health, living skills or relationships. Utilising the network of partner organisations we work with, we link young people with relevant services and then support them through every part of the process of accessing that support.

INTAKE ASSESSMENTS

19 COMPREHENSIVE ASSESSMENTS WITH NEW CLIENTS

REFERRALS INCREASE FROM 10 TO 30



INTERNAL REFERRALS

68 INTERNAL REFERRALS TO YOTS ACTIVITIES

EXTERNAL REFERRALS

26 REFERRALS TO PARTNER SERVICES SUCH AS HEALTH CLINICS, REFUGES, AND TRAINING CENTRES

15 NEW CASE WORK CLIENTS



DEVELOPMENT OF A NEW CASE WORK REPORTING TOOL



CASE WORKERS

NEW FULL-TIME CASE WORKER COMPLETED SOCIAL SERVICES CERTIFICATE III

CLIENT STATUS

7 CLIENTS' SUPPORT COMPLETED
12 CLIENTS RECEIVING ONGOING SUPPORT

CASE WORK PROGRAM HIGHLIGHTS

1. 155 CASE WORK ACTIVITIES
2. 21 CLIENTS SUPPORTED
3. 41% MALE CLIENTS AND 59% FEMALE
4. 95% OF CLIENTS DISENGAGED FROM EDUCATION
5. 95% LIMITED SUPPORT FROM FAMILY OR FRIENDS
6. 37% EXPERIENCED PHYSICAL AND EMOTIONAL ABUSE
7. 21% LACK OF FOOD TO EAT
8. 43% OF CLIENTS SUPPORTED WITH SEXUAL AND REPRODUCTIVE HEALTH

ESTABLISHMENT OF YOUTH INTERAGENCY NETWORK

The Youth Interagency Network formalises the youth sector in Timor-Leste by linking youth-focused services together, coordinating regular network meetings, youth events and advocacy as well as resource development and knowledge sharing in partnership with youth organisations and services and agencies with youth components within their programmes. The program was initially funded through the Friendships Grant Program which sought to establish the network, and in November 2019, the organisation received news it had been successful in securing funding through the Australian Volunteers Program Community Grants Scheme to support the network in 2020.

INITIAL CONSULTATIONS

OVER A DOZEN ORGANISATIONS AND INDIVIDUALS CONSULTED IN 2019

CONSULT YOUTH SERVICES AND ORGANISATIONS ON YIN



PRESENT PLAN

PRESENTATION OF PLAN TO FIRST PARTICIPANTS

PRESENT IDEA AND DRAFT PLAN



INITIAL ACTIVITIES

OPENED REFERRAL PATHWAYS AND JOINT TRAININGS WITH 3 NEW ORGANISATIONS,

PLAN ACTIVITIES

JOINT PLANNING FOR FUTURE ACTIVITIES IN 2020 INCLUDING EVENTS, MEETINGS, STRUCTURE, DRAFT TERMS OF REFERENCE

ESTABLISH YOUTH INTERAGENCY NETWORK

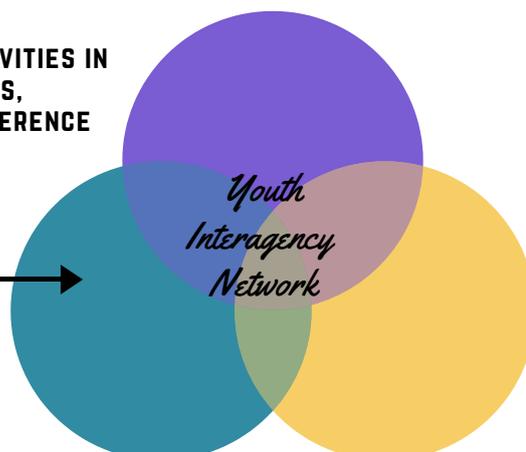


INITIAL PARTICIPANTS

YOTS ORF, JON, HATUTAN, ADTL, MARIE STOPES, ALOLA FOUNDATION & PRO EMA

WHAT'S IN THE NETWORK SO FAR?

- SEXUAL AND REPRODUCTIVE HEALTH
- LGBTQI RIGHTS ADVOCACY
- RESIDENTIAL SERVICES
- DISABILITY SUPPORT
- OUTREACH SERVICES
- CASE MANAGEMENT SUPPORT
- VOCATIONAL TRAINING
- NUTRITION INFORMATION
- YOUTH DEVELOPMENT
- HEALTHCARE
- SCHOOL-BASED WORKSHOPS



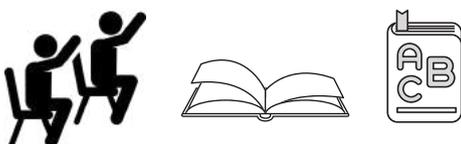
RECREATIONAL & CENTRE BASED ACTIVITIES

Our centre is a hive of activity; providing centre-based activities offers a safe space where young people can access support and programs including an English language program, sexual and reproductive health workshops, and drop-in for women. There's something comforting in knowing that our place is theirs, a place where they can come and have something to eat, speak to a youth worker, learn new skills and hangout with friends. Many of the activities are planned with the help of young people; they tell us what they want and we try our best to provide it alongside constant encouragement and support from our staff.

ENGLISH CLASSES

165 ENGLISH LANGUAGE CLASSES DELIVERED

REGISTERED ENGLISH STUDENTS ATTEND AT LEAST THREE CLASSES ?



WORKSHOPS

21 WORKSHOPS DELIVERED WITH PARTNER ORGANISATIONS

SERVICE LEARNING

15 SERVICE LEARNING ACTIVITIES DELIVERED

? 40 INDIVIDUALS PARTICIPATE IN SERVICE LEARNING ACTIVITIES



DROP IN FOR WOMEN

WEEKLY DROP IN SESSIONS FOR WOMEN

COOKING LESSONS

REGULAR COOKING LESSONS TEACHING NEW RECIPES FOLLOWED BY SHARING MEALS

PROVIDE WOMEN'S PROGRAMS AND A SAFE SPACE ✓



RECREATIONAL AND CENTRE-BASED ACTIVITY HIGHLIGHTS

- YOUNG PEOPLE HELPED COOK FOR OVER 160 PEOPLE AT THE MALOA OUTREACH LAUNCH
- ENGLISH CLASS AND DROP IN FOR WOMEN DELIVERED ALONGSIDE COOKING CLASSES
- 24 OUT OF 34 STUDENTS WHO SAT FINAL ENGLISH EXAM SCORED OVER 70%

- BIOGRAPHY WRITING WORKSHOP
- DROP IN INCLUDED DISCUSSIONS GROUPS ON CONSENT, MENTAL HEALTH, ACTIVE LISTENING, VIOLENCE AGAINST WOMEN, SELF-ESTEEM AND POSITIVE ATTITUDES
- FOUR WOMEN FROM DROP-IN WERE REFERRED TO AND COMPLETED PRO- EMA TRAINING COURSES

ANNUAL SURVEY RESULTS

The first annual youth survey set out to assess Youth Off The Streets Overseas Relief Fund Timor-Leste's outcomes in the 2019 calendar year. It is the first time the new organisation has conducted a survey of this scale and also the first time it has rolled out outcomes reporting for its programs. The survey serves as a snapshot of the needs of Dili-based young people and we hope it will increase sector knowledge on youth issues with a view to improving services for young people in Timor-Leste

YOUNG PEOPLE FEEL SAFER

79% OF RESPONDENTS AGREE OR STRONGLY AGREE THAT YOTS HELPS THEM FEEL SAFER

LAUNCH FIRST ANNUAL YOUTH AND PARTNER SURVEY



ASSESSING ABILITIES

SIGNIFICANT NUMBER OF YOUNG PEOPLE LISTED DIFFICULTIES UNDER WGSQ

REGULAR PARTICIPANTS

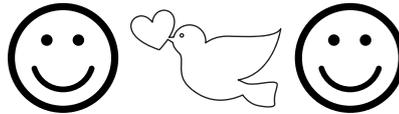
87% OF RESPONDENTS ATTENDING YOTS ACTIVITIES AT LEAST ONCE A WEEK

UNEMPLOYMENT

93% OF RESPONDENTS ARE UNEMPLOYED



50% FEEL SAFER BECAUSE OF YOTS



INTERNET ACCESS

64% OF RESPONDENTS ACCESS THE INTERNET THROUGH THEIR OWN PHONES, 25% FROM A FAMILY MEMBER'S PHONE AND 9% NOT AT ALL

MIGRATION

WHILE 59% WERE BORN IN DILI 25% MOVED HERE IN THE LAST FIVE YEARS

FUTURE GOALS

MAJORITY OF RESPONDENTS WANT TO FINISH SCHOOL AND/OR FIND EMPLOYMENT IN THE NEXT 1-3 YEARS

IMPLEMENT INCLUSIVE REPORTING



MORE PROGRAMS

YOUNG PEOPLE REQUESTED MORE EDUCATION SUPPORT AND PROGRAMS AND MORE SPORTS ACTIVITIES

BUILDING CONFIDENCE & HOPE

YOTS HELPED OVER 90% HAVE MORE HOPE FOR THE FUTURE, LEARN ABOUT THEMSELVES & GET ALONG WELL WITH OTHERS

EMPOWERING

89% SAID STAFF LISTENED TO AND CARED ABOUT THEM WHILE 82% SAID WE HELPED THEM ACHIEVE THINGS THEY DIDN'T THINK THEY COULD DO

PARTNER SURVEY RESPONSES

THE MOST COMMON ISSUES PARTNERS THOUGHT WERE AFFECTING YOUNG PEOPLE IN TIMOR-LESTE ARE:

1. ALCOHOL AND OTHER DRUGS
2. EMPLOYMENT AND JOB SEEKING
3. EDUCATION AND TRAINING
4. MARTIAL ARTS GANGS

THE MAJORITY OF RESPONDENTS THOUGHT THAT YOTS WAS EFFECTIVE IN IMPROVING OUTCOMES FOR YOUNG PEOPLE IT WORKED WITH

- 83% OF PARTNERS SAID YOTS WAS EFFECTIVE IN FORMING STRONG AND SUSTAINABLE PARTNERSHIPS.
- 83% RATED THEIR EXPERIENCE OF WORKING WITH YOTS AS GOOD OR VERY GOOD.
- 83% OF PARTNERS HAD BEEN WORKING WITH YOTS FOR OVER ONE YEAR.
- 83% OF PARTNERS THOUGHT YOTS HAS REDUCED ANTI-SOCIAL BEHAVIOUR AMONG YOUNG PEOPLE THROUGH ITS ACTIVITIES

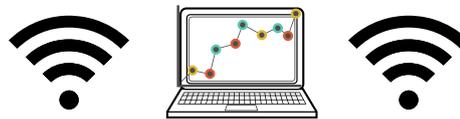
AUSTRALIAN VOUNTEERS INTERNATIONAL PLACEMENT OBJECTIVES

An organisational Development and Research Mentor recruited from YOTS Australia began his assignment with the Youth Off The Streets Overseas Relief Fund. His current assignment will end on 06/06/2020 and below are provided key highlights

ONLINE DATA COLLECT SYSTEMS

ANNUAL SURVEY, COMMUNITY NEEDS ANALYSIS, AND CASE MANAGEMENT TOOL DEVELOPPED AND ROLLED OUT

GRANT WRITING, DATA COLLECTION AND ANALYSIS MENTORING



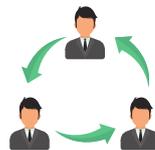
YOUTH SECTOR CONSULTATIONS

MEETINGS WITH JDN, MSTL, HATUTAN, ADTL, PRO EMA ON SECTOR DEVELOPMENT

MENTORING

12 MENTORING SESSIONS WITH STAFF
2 PROGRAM DESIGN WORKSHOPS

ADVISE ON YOUTH SECTOR COLLABORATION AND COORDINATION



ACFID MEMBERSHIP

COMPREHENSIVE FEASIBILITY EXERCISE CONDUCTED TO MAP MEMBERSHIP ACTION PLAN

OUTCOMES REPORTING FRAMEWORK

ACTIVITY REPORTING SYSTEMS DEVELOPED AND ROLLED OUT ACROSS ALL ACTIVITIES BY END OF 2019.

INCLUSIVE DEVELOPMENT ACROSS ALL WORK



SUSTAINABLE DEVELOPMENT GOALS

Working holistically with young people provides an opportunity to contribute towards many Sustainable Development Goals. Our 2019 activities specifically contributed to the following:



RECENT YOUTH TRENDS AND LESSONS LEARNT IN 2019

Committing to ongoing development of our programs which meet the ever changing needs of young people means we need to reflect on our work and take it into account when planning our future. The reporting on our activities, our annual survey and recent research on young people in Timor-Leste has given us insight into moving forward in an informed and progressive way. Here we share with you just some of the recent trends identified in young people and lessons learnt from our work

Diverse abilities:

- Annual survey indicated 45% of young people had difficulty communicating while 42% had difficulty remembering and concentrating
- We will consult with disability experts to establish what this implies for our young people while developing action plan to provide better support.

We are not always on time!

- 40% of young people told us we were only on time, some of the time.
- We can do better than that! We will work with staff to identify what holds us up and aim to improve in 2020

Substance abuse identified:

- During a response to a critical incident in one of our communities, staff identified petrol sniffing as an emerging issue amongst some young people. Initial consultations revealed this has not been identified before.
- We will work with a partner organisation to develop some basic resources to distribute while continuing to monitor the situation.

Community vitality is limited:

- The results of a 2018 study indicate a 90% rate of deprivation in community vitality. This outcome reflects eroded community relations among youth, alongside low levels of perceived security and limited social support (UNDP).
- We will work towards broadening our scope to ensure more young people benefit from positive opportunities our services offer.

Young males have limited access to positive role modelling:

- While the majority of our outreach participants were male (62%), our staff identified a need for safe spaces and positive role modelling
- We will develop centre-based programs to provide safe spaces where young men can engage in a range of activities with positive role modelling from youth workers, workshops on domestic and gender based violence, and healthy relationships.

Significant opportunities to engage young people:

- In 2019, young individuals participated in our activities with youth workers on 19,138 occasions. That's a lot of opportunities to access support!
- Moving forward, we will improve the amount of times support is accessed by increasing awareness of what our programs offer.

LOOKING FORWARD - 2020 AND BEYOND

As you have read, we have done some amazing work throughout 2019 and our young people, supporters, and team have grown because of it. 2020 and beyond will see us refine our practices, including improving community engagement strategies, further developing our network while opening access for young people and better meeting the needs of young people we work with through a more comprehensive specialist services. We can't do it alone, so we will continue to receive support from Australian volunteers and will seek ongoing financial support from those who also support young people. We also need to tell our story better. The young people we work with are amazing and we want you to follow their journey alongside us. Here are some highlights for our plans moving forward

Increase community engagement:

1. Empower young people to run community sporting programs while facilitating required training and resources.
2. Tell our story better: effective communication strategy to keep in touch with our communities, donors, supporters and the wider social service sector.
3. Work with high schools to support re-engagement of young people.
4. Collaborate with partners to facilitate regular and accessible range of workshops and informal education opportunities.

Staff and service development:

1. Continue to engage staff in ongoing professional development in social services, sports development, and organisational project management.
2. Support an Australian youth sector mentor to work closely with staff to refine specialist services including assessment and case management practices.
3. Train all staff in referral processes and procedures including initial assessments to allow greater reach for our specialised services.

Youth sector development:

1. Monthly Youth Interagency Network meetings
2. Youth activities and staff trainings.
3. Establish a Youth Advisory Group to participate in Youth Interagency Network.
4. Develop youth sector resources, a referral network, and service map.
5. Advocate for Youth Interagency Network with regional youth networks and peak body groups.

Seek ongoing support:

1. Network with aid agencies, International and National NGO's to open opportunities to support Dili Youth service
2. Work towards Australian Council For International Development accreditation and membership
3. Demonstrate capacity for successful partnerships and promote program with Australian organisations youth sector



Youth Off The Streets®
**Overseas
Relief Fund**

PASSION
RESPECT
INTEGRITY
DEDICATION
ENGAGEMENT

Contact:

For more information on our services, to refer a young person to our programs or to speak with a youth worker please contact us on:

Website:

www.youthoffthestreetsoverseas.com.au

Email:

orf@youthoffthestreets.com.au

Facebook:

Youth Off The Streets Overseas Relief Fund Timor - Leste

WhatsApp:

+670 7401 7917

Phone:

+670 7394 7515

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